

## Ergebnisliste 5km Volkslauf

| Platz | M/W | Name, Vormame        | JG | Verein                    | Klasse | KP | Zeit  |
|-------|-----|----------------------|----|---------------------------|--------|----|-------|
| 1     | 1   | Sperver, Michael     | 90 | Spervers Hofladen Team    | M      | 1  | 17:51 |
| 2     | 2   | Tabeling, Felix      | 98 | BV Garrel                 | MJU20  | 1  | 18:11 |
| 3     | 3   | Meiners, Nils        | 92 | BV Garrel                 | M      | 2  | 18:28 |
| 4     | 4   | Wenzel, David        | 89 | VfL Oldenburg             | M      | 3  | 18:38 |
| 5     | 5   | Stöckel, Kilian      | 97 | TSG 07 Burg Gretesch      | MJU20  | 2  | 18:59 |
| 6     | 6   | Scheiter, Philipp    | 92 | TSG 07 Burg Gretesch      | M      | 4  | 19:29 |
| 7     | 7   | Grollius, Sven       | 94 | SV Molbergen              | M      | 5  | 20:01 |
| 8     | 8   | Sievert, Daniel      | 88 | Wardenburger Sommerlauf e | M      | 6  | 20:12 |
| 9     | 9   | Sievers, Ole         | 79 |                           | M35    | 1  | 20:22 |
| 10    | 10  | Hasselhorn, Hendrik  | 90 |                           | M      | 7  | 20:26 |
| 11    | 11  | Fahrendorf, Rene     | 87 | SuS Darne                 | M      | 8  | 20:40 |
| 12    | 1   | Schuling, Gesa       | 00 | VfL Lönigen               | WJU18  | 1  | 21:15 |
| 13    | 12  | Skaczylas, Jonas     | 98 | BSV Bösel                 | MJU20  | 3  | 21:47 |
| 14    | 13  | Lamping, Christian   | 90 | BSV Bösel                 | M      | 9  | 21:51 |
| 15    | 14  | Franken, Bodo        | 64 | vereinslos                | M50    | 1  | 23:08 |
| 16    | 15  | Duchow, Justin       | 01 | Volksbank Bösel eG        | MJU16  | 1  | 23:27 |
| 17    | 16  | Podruschin, Nikolai  | 87 | Cloppenburg               | M      | 10 | 23:45 |
| 18    | 17  | Kähler, Hinrich      | 57 |                           | M55    | 1  | 23:52 |
| 19    | 18  | Gramberg, Niklas     | 02 | SF Littel                 | MJU16  | 2  | 24:00 |
| 20    | 19  | Gantzkow, Tim        | 05 |                           | MKU12  | 1  | 24:06 |
| 21    | 2   | Sandersfeld, Corina  | 71 | Emden                     | W45    | 1  | 24:12 |
| 22    | 3   | Schwarte, Katrin     | 99 | BV Garrel                 | WJU18  | 2  | 24:26 |
| 23    | 20  | Schultz, Max         | 02 | BSV Bösel                 | MJU16  | 3  | 24:29 |
| 24    | 4   | Sperver, Luisa       | 92 | Spervers Hofladen         | W      | 1  | 24:29 |
| 25    | 21  | Schultz, Thor        | 02 | BSV Bösel                 | MJU16  | 4  | 25:16 |
| 26    | 22  | Bösch, Andreas       | 58 | SVE Wildenloh             | M55    | 2  | 25:34 |
| 27    | 23  | Wasserthal, Heiko    | 54 | Bardenflether TB          | M60    | 1  | 25:44 |
| 28    | 5   | Klannich, Pia        | 96 | vereinslos                | W      | 2  | 26:02 |
| 29    | 6   | Tishler, Zoé         | 01 |                           | WJU16  | 1  | 26:07 |
| 30    | 7   | Tishler, Tanja       | 73 |                           | W40    | 1  | 26:07 |
| 31    | 24  | Schwerter, Tim       | 02 | BSV Bösel                 | MJU16  | 5  | 26:18 |
| 32    | 25  | Thesken, Thorsten    | 85 | Caritas Verein            | M30    | 1  | 26:33 |
| 33    | 8   | Böttcher, Petra      | 66 | TSV Großenkneten          | W50    | 1  | 26:50 |
| 34    | 26  | Hirschmann, Martin   | 65 | DLRG Cloppenburg          | M50    | 2  | 27:01 |
| 35    | 9   | Schulz, Tanja        | 74 | RV St.Hubertus Garrel     | W40    | 2  | 27:05 |
| 36    | 27  | Wenzel, Markus       | 60 | VfL Oldenburg             | M55    | 3  | 27:20 |
| 37    | 28  | Reeke, Tom           | 02 | BSV Bösel                 | MJU16  | 6  | 27:32 |
| 38    | 10  | Becker, Sibylle      | 76 | Sandkrug                  | W40    | 3  | 27:48 |
| 39    | 29  | Brokle, Konstantin   | 82 |                           | M30    | 2  | 27:59 |
| 40    | 30  | Arends, Frank        | 90 | Caritas Verein            | M      | 11 | 28:18 |
| 41    | 11  | Block, Theresa-Maria | 00 | Emstekerfeld              | WJU18  | 3  | 28:45 |
| 42    | 31  | de Vries, Kees       | 54 | Hoogezand                 | M60    | 2  | 28:45 |
| 43    | 12  | Wenzel, Andrea       | 61 | VfL Oldenburg             | W55    | 1  | 28:47 |
| 44    | 13  | Rawe, Yvonne         | 94 |                           | W      | 3  | 28:47 |
| 45    | 14  | Thyen, Susanne       | 90 |                           | W      | 4  | 28:50 |
| 46    | 32  | Sulz, Florian        | 89 | Dünsen                    | M      | 12 | 28:52 |
| 47    | 15  | Hohnholz, Tatiana    | 89 | Dünsen                    | W      | 5  | 28:52 |
| 48    | 16  | Duchow, Claudia      | 71 | Volksbank Bösel eG        | W45    | 2  | 28:53 |
| 49    | 33  | Block, Andreas       | 64 | Emstekerfeld              | M50    | 3  | 29:02 |
| 50    | 17  | Menke, Maren         | 03 | Lauffreunde Wieste        | WKJ14  | 1  | 29:07 |
| 51    | 18  | Südbeck, Franzis     | 01 |                           | WJU16  | 2  | 29:12 |
| 52    | 19  | Kieckhäfer, Gesche   | 01 |                           | WJU16  | 3  | 29:13 |
| 53    | 20  | Block, Stephanie     | 83 | vereinslos                | W30    | 1  | 29:27 |

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| Platz | M/W | Name, Vorname         | JG | Verein              | Klasse | KP | Zeit    |
|-------|-----|-----------------------|----|---------------------|--------|----|---------|
| 54    | 21  | Lindemann, Andrea     | 67 | SV Concordia Langen | W45    | 3  | 29:43   |
| 55    | 22  | Gantzkow, Christine   | 76 |                     | W40    | 4  | 29:46   |
| 56    | 34  | Speckmann, Markus     | 87 | Volksbank Bösel eG  | M      | 13 | 29:57   |
| 57    | 23  | Gerasch, Michaela     | 69 | ASG Lastrup         | W45    | 4  | 30:23   |
| 58    | 35  | Schröder, Günter      | 44 | Hunteburger SV      | M70    | 1  | 30:36   |
| 59    | 36  | Zwirschmair, Klaus    | 62 |                     | M50    | 4  | 30:45   |
| 60    | 24  | Preuth, Lena          | 96 | Volksbank Bösel eG  | W      | 6  | 30:51   |
| 61    | 25  | Weymann, Anja         | 67 |                     | W45    | 5  | 30:52   |
| 62    | 26  | Lüken, Carina         | 02 | Lauffreunde Wieste  | WJU16  | 4  | 30:55   |
| 63    | 27  | Speckels, Linda       | 70 | Bardenflether TB    | W45    | 6  | 31:42   |
| 64    | 37  | Breidscheid, Benedikt | 04 | Funsport            | MKJ14  | 1  | 31:46   |
| 65    | 38  | Awick, Stefan         | 68 | Volksbank Bösel eG  | M45    | 1  | 31:56   |
| 66    | 28  | Schelhove, Christina  | 86 | VfL Oldenburg       | W30    | 2  | 31:57   |
| 67    | 29  | Sprock, Karen         | 93 | Volksbank Bösel eG  | W      | 7  | 32:45   |
| 68    | 30  | Bräunig, Bianca       | 69 |                     | W45    | 7  | 33:32   |
| 69    | 31  | Rußwinkel, Frauke     | 88 |                     | W      | 8  | 33:34   |
| 70    | 32  | Michels, Jennifer     | 91 | Volksbank Bösel eG  | W      | 9  | 33:39   |
| 71    | 33  | Schlörmann, Carina    | 85 |                     | W30    | 3  | 33:47   |
| 72    | 34  | Konrad, Tanja         | 79 |                     | W35    | 1  | 33:56   |
| 73    | 35  | Kraß, Anna            | 97 | Volksbank Bösel eG  | WJU20  | 1  | 35:47   |
| 74    | 39  | Bußmann, Jörg         | 68 | SV Friedrichsfehn   | M45    | 2  | 36:06   |
| 75    | 36  | Hamburg, Anna         | 68 | Caritas Verein      | W45    | 8  | 38:41   |
| 76    | 40  | Hamann, Tilo          | 92 | VfL Oldenburg       | M      | 14 | 44:03   |
| 77    | 41  | Kröning, Alexander    | 93 | Caritas Verein      | M      | 15 | 44:15   |
| 78    | 42  | Middendorf, Gerold    | 69 | Caritas Verein      | M45    | 3  | 54:49   |
| 79    | 37  | Wenzel, Anna          | 87 | VfL Oldenburg       | W      | 10 | 54:56   |
| 80    | 38  | Moormann, Rita        | 57 | Caritas Verein      | W55    | 2  | 55:19   |
| 81    | 43  | Kleiber, Markus       | 90 | Caritas Verein      | M      | 16 | 55:19   |
| 82    | 44  | Blome, Manfred        | 69 | Caritas Verein      | M45    | 4  | 56:30   |
| 83    | 39  | Iltschenko, Julia     | 79 | Caritas Verein      | W35    | 2  | 56:37   |
| 84    | 40  | Schönhöft, Lisa       | 95 | Caritas Verein      | W      | 11 | 56:52   |
| 85    | 41  | Maaßen, Michelle      | 97 | Caritas Verein      | WJU20  | 2  | 56:53   |
| 86    | 42  | Behnen, Sigrid        | 70 | Caritas Verein      | W45    | 9  | 1:01:08 |
| 87    | 43  | Kruse, Ulla           | 60 | Caritas Verein      | W55    | 3  | 1:01:18 |
| 88    | 44  | Müller, Erika         | 63 |                     | W50    | 2  | 1:02:07 |
| 89    | 45  | Schulte, Anke         | 67 | Caritas Verein      | W45    | 10 | 1:04:27 |
| 90    | 45  | Henken, Hans          | 60 | Caritas Verein      | M55    | 4  | 1:04:30 |
| 91    | 46  | Keichlaufer, Gesche   | 01 | vereinslos          | WJU16  | 5  | 1:08:07 |